

January 2018

2017 POINSETTIA FUNDRAISER – WE AT CLGW THANK YOU SO MUCH!!!

Thanks to everyone who purchased a poinsettia for the MAUDE (**M**others, **A**unts, **U**ncles, **D**ads, **E**veryone else) Squad's 12th Annual Fundraiser!! Over 620 plants were sold with an approximate profit of \$3,000!!

Funds raised by the MAUDE Squad are used to purchase many things for CLGW participants such as:

- ✓ assistive devices for physical fitness
- ✓ specialized equipment for gym and group homes
- ✓ furniture for day programs such as TVs, chairs, audio systems
- ✓ Activity fees and financial support for outings, programs, courses for people we support

Our sincere gratitude goes out to the members of the MAUDE Squad for their tireless efforts to raise funds – approximately 12 of the MAUDE Squad members are actively involved in fundraising throughout the year, and they are always looking for more members! Special thanks go out to Jane Heipel who leads this small but mighty group!



Your chance to WIN

\$\$\$\$\$\$\$\$\$\$\$\$

Tickets are

\$5



ACE



Benefiting

Family Counselling &
Support Services
AND Community Living
Guelph Wellington

COMMUNITY LIVING
Guelph Wellington

Family Counselling &
Support Services
Guelph Wellington

**Starting Weekly
December 14th, 2017**

Catch The ACE Event

***Purchase your
tickets at
Community
Living
Guelph
Wellington***

***A Chance To Win
The Progressive
Jackpot!***

**Draw is every Thursday
at 8 pm, or until the
Ace is caught!**

License # 9467
Gambling Hot Line #
1-888-230-3505

**8 Royal Rd. Guelph
519-824-2480**

**Visit www.clgw.ca/CatchTheAce
for more info.**

WINTER WORD SEARCH



Created by
Sue Lindlaaf
Grand Forks Herald
2016

W	E	A	T	H	E	R	W	G	S	F	P	S	F	M
O	H	J	V	O	L	J	O	N	J	V	H	N	J	J
K	F	R	A	C	S	M	E	O	K	O	L	O	M	G
D	R	H	B	P	T	T	D	P	V	B	P	W	W	N
I	E	L	J	Q	T	O	I	E	L	J	Q	F	O	I
W	E	P	N	I	W	K	L	I	P	N	S	L	K	T
S	Z	Q	M	W	Q	D	S	D	Q	M	F	A	D	A
N	I	A	K	S	B	I	U	W	A	K	F	K	I	K
A	N	S	L	I	D	E	I	S	S	L	U	E	W	S
M	G	W	J	C	D	L	L	A	W	J	M	D	S	W
W	W	X	I	D	S	N	O	W	X	I	R	B	U	X
O	C	C	U	F	D	D	P	C	C	U	A	D	D	C
N	V	D	O	M	G	G	N	I	D	D	E	L	S	D
S	B	E	P	I	C	C	R	E	T	N	I	W	C	E
F	S	L	I	P	P	E	R	Y	R	T	A	H	H	R

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- | | | | |
|------------|--------------|--------------|--------------|
| 1. Snow | 5. Shovel | 9. Slippery | 13. Scarf |
| 2. Snowman | 6. Cold | 10. Slide | 14. Hat |
| 3. Winter | 7. Freezing | 11. Sledding | 15. Earmuffs |
| 4. Weather | 8. Snowflake | 12. Skating | 16. Mittens |

Try Something New

by Cheryl Bourque-Turner

We started using this saying last year when we found that, especially at the start of each session block at ARC, this is exactly what people were doing. Sometimes it meant activities in the building....being in the kitchen, making lunch, making cookies, making milk bag mats, and sewing class are just some examples.

Sometimes it meant going out in the community with staff to go to a new place, “just give it a try and see if you like it.” A few people went with staff to St. Joe’s. One lady found it was the place for her to volunteer and quickly worked on getting her paperwork completed before staff could even help her with it. Recently staff took a small group to Shelldale. They found it to be a warm, friendly place. One person came back boasting about the vegetables she had cut for the take home baggies; “doing it for the kids”, she proudly said. Another person liked it so much she went the next day by herself to check out the community women’s group they run. She had such a good time, she has plans to do that again. We have been going to help with making and serving of breakfast at Hope House every Wednesday morning for quite some time now. Two ladies really like it there and have also been going on their own to help out with the pantry and styling salon. One person has almost worked himself into a job doing custodial work as he finds it to be the place he likes to be. We started delivering Meals On Wheels last year. Each Thursday morning a small group heads out and they take immense pride in helping people out by delivering them their meals. Never a Thursday goes by that they don’t have their hats on, ready to go.

These are just some of the examples. We started putting up pictures on our upstairs bulletin board to capture the moments and we continue to look for new opportunities to try something new.

Volunteering at Bonnieview Kennel is a Rewarding Job!



Meet the official dog walker at Bonnieview Kennel, Amy Horbatuik (left) and official dog cuddler, Katrina Mogensen (right). These ladies spend their Monday mornings with these beautiful purebred canines. What job could be more rewarding than receiving unconditional love from the residents of the kennel. Amy trains the dogs to walk properly, with exercise being the focus. Katrina offers companionship to the dogs waiting for their turn to walk. They are favourites to the many animals awaiting their turn.



**2017 ARC Industries
Raffle Ticket Winners**

1st Prize: Adam Houser
Wall Quilt

2nd Prize: Steve Lovejoy
ARC-arondack Chair

3rd Prize: Rita Laderoute
Car Care Gift Package

4th Prize: Di-Anne Zinger
Guelph Storm Package

5th Prize: Rod Hacking
Crokinole Board

6th Prize: Rick Cunningham
Framed Print

Big Shout Out from the Guelph GAP (Groceries Assistance Program)

THANK YOU! Sylvia Quinn and all of our friends from J.O.Y. (Just Older Youth), at Kortright Presbyterian Church, for your ongoing generous donations!

THANK YOU! ADS Staff and Families for your generous donation!

It was very much appreciated!

Sincerely,

The Guelph SIL Team

*Thank
You*



**Community Living Guelph Wellington's
2018 Spring Fashion Gala
Wednesday, March 28th
Italian Canadian Club of Canada
Cocktails at 5:30 p.m.
Dinner at 6:30 p.m.
Fashion Show to follow**

**Tickets available from Fern Donaldson 519-824-2480 or
admin@clgw.ca or order online at: www.clgw.ca/fashion**



IN LOVING MEMORY



Sorry for the loss of your mother Michael Beitz

JENNIE BEITZ (nee Woronka)

Suddenly, but peacefully, with her family at her side, at the Guelph General Hospital, on Friday, December 15, 2017. Jennie Beitz, in her 95th year, was predeceased by her loving husband George (June 30, 2012) of sixty years and by an infant daughter (1960). Loving Mom to Peter (Kitty), Chrissie McKay (Rob), Francine Lodder (Jack), Michael and Lisa. Precious Nana to Lindsay Andrade (Dan), Joshua (Katie), Reuben, Jonathan, Amanda McKay (Milos) and Matthew McKay (Alix). Proudest Nana-Nana to her greatest blessings Sophia, Isabella, Elyanna, Levi, Benjamin, Yeshua and Samuel. Step Nana of five and Step Nana-Nana to fourteen grandchildren.

Jennie will be missed by her sister Teresa Lapinski and Mary Kosty, sisters-in-law Mary Ellen Kochus, Elizabeth Dyson and Marva Barlow. She is survived by many nieces and nephews. Mom enjoyed a road trip with her granddaughters Amanda and Alix and daughter Chrissie in September 2016 to New Hampshire to visit a special niece, Nance and her husband Bryan. Jennie is predeceased by her brothers Stanley and Mikey.

Dennis was a long-time resident of Holody Home

DENNIS SANDERS ATHERTON

Passed away at his home on Friday September 22, 2017. Dennis Atherton in his 69th year. Son of the late Thomas (2006) and Edna (2006) Atherton. Sadly missed by his aunt, Margaret Atherton of Parry Sound; his cousins J'Nell Dilmarter (Glen) and Donna Melmoth (Ted) all of St. Catharines and by his dear friends, Betty and Dwyne Ritchey of Brechin.



Dianne Bushell was a Staff Member at Egremont Group Home

DIANNE ROSE BUSHELL

Bushell, of Palmerston and formerly of Kincardine, passed away at the Listowel Memorial Hospital, on Sunday, December 10, 2017 at the age of 54.

Cherished mother of Vanessa (Jesse) Foster of Listowel and Jameson (Meagan) Tibben of Kincardine. Loving grandmother of Candace, Cameron, Logan, Maxwell and Marlee.

Survived by her father Wayne Bushell of Kincardine and predeceased by her mother Rose Bushell (née Fraser).

Missed by her sister Linda (Doug) Stevenson of Atwood. Proud godmother of Holly, Jared & Shelby Cook. Also missed by many aunts, uncles, cousins and friends.

IN LOVING MEMORY



Sorry for the loss of your mother Brian Warmington
NORMA EDITH WARMINGTON (nee Walker)

WARMINGTON, Norma Edith (nee Walker) Of Guelph, passed away peacefully at the Guelph General Hospital surrounded by family on Saturday, December 16, 2017, at the age of 93. Beloved wife of the late Cecil Warmington (2001). Loved mother of Lynn Lodge (Emerick Mitro), Ann Goller, Brian, Marjorie McFadden (Tom), Betty Clyde (Alec), Harry (Jeannie), Carl (Eva Marie), Lorne (Robin) and Keith (Kathy). Predeceased by foster-daughter Dorothy Garvey and grandson Doug Clyde. Survived by many grandchildren, great-grandchildren and great-great-grandchildren, nieces and nephews. Survived by her sister Rosemary Bird, predeceased by siblings Edwin Walker, Wilma Paton and Errol Walker.

Passports Centre and North Wellington



Top Left: Jim Kenny at Discovery Cove in Florida. He swam with dolphins and got to kiss a dolphin. He also went to Disney.

Top Right: Here is one of Paul Smook.

Bottom: Here is another picture from Discovery Cove in Florida.

'S NEW YEAR'S RESOLUTION

Directions- write about one goal you have for the new year. Describe why this goal is important to you and how you plan to accomplish it.

Handwriting practice lines for writing the resolution. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line. There are five such sets of lines provided for writing.

Draw a picture of you reaching your goal!

A large rectangular box with rounded corners for drawing a picture of reaching the goal.



Top Left: The three Musketeers from Harriston (left to right) are Cory Linn, Ryan Allan, and Chris Harper. This was everyone's first time at Medieval Times. Top Right: Tabitha LaRose, of Mount Forest, had a great time at the Pumpkin Festival in Port Elgin. Middle Left: Cory Linn from Harriston is enjoying a day out in Niagara Falls. Here he is in the "electric chair"! Middle Right: Here is Issac Strutt, of Arthur, at the Wax Works museum on Clifton Hill. Bottom Left: Larry Line enjoyed a day out in Guelph doing some Christmas Shopping and having lunch out. Bottom Right: Here is Penny Ross riding Rolly. Horseback riding was one of Penny's goals this year.



Top Left: David De Melo and Jeremy Drohan picking out the perfect pumpkins. Top Right: Penny Ross, of Mount Forest, is greeting the most adorable donkey ever! He would come running to the fence to greet Penny. Middle Left: Larry Line and Glen McCulligh, of Fergus, doing some browsing at St. Jacobs Market. Middle Right: What a day out this was! The Toronto Indy 500 was a great experience for John Hoffele of Fergus and Chris Harper of Harriston. Bottom Left: Lynda Coleman, of Fergus, is enjoying a day out at the Toronto Zoo. Bottom Right: Glen McCulligh, of Fergus, at the Elvis Festival in Collingwood. Glen LOVES Elvis (es)!



Top Left: Tamie Harding visiting the kitties at the Guelph Humane Society. Top Right: Jacqueline Meikle, Veronica Zinger, Santa, Mary Ellen Otter, and Whitney Herron volunteering to serve breakfast at Hope House. Middle Left: Staff supported volunteer opportunity: Veronica Zinger and Evan Pringle selling Bracelets of Hope for World Aids Day. Middle Centre: Colin Howitt visiting the kitties at the Guelph Humane Society. Bottom Left: Jessica Waun, of Arthur, and Julia are enjoying the Maid of the Mist ride Niagara Falls. Bottom Centre: Mike Heeley, Leanne Gazzola and David De Melo volunteering at Green Legacy. Bottom Right: Lloyd Longfield, Mary Ellen Otter, Bob Sarpal, Jen Scriver, Whitney Herron, Amol Suvernpatki, and Ian Amos volunteering to serve breakfast at Hope House.

Best Buddies Guelph Hooping it up!

Sunday February 11th, 1-4pm
Arc Industries Gym
8 Royal Road

Come join us for a
sports filled
afternoon!

**PLEASE COME DRESSED
IN A JERSEY & WITH
INDOOR SHOES**

Please RVSP by February 7th to
tBorges@clgw.ca or 226-314-0859



Proud partners of



HAPPY BIRTHDAY SUSY!

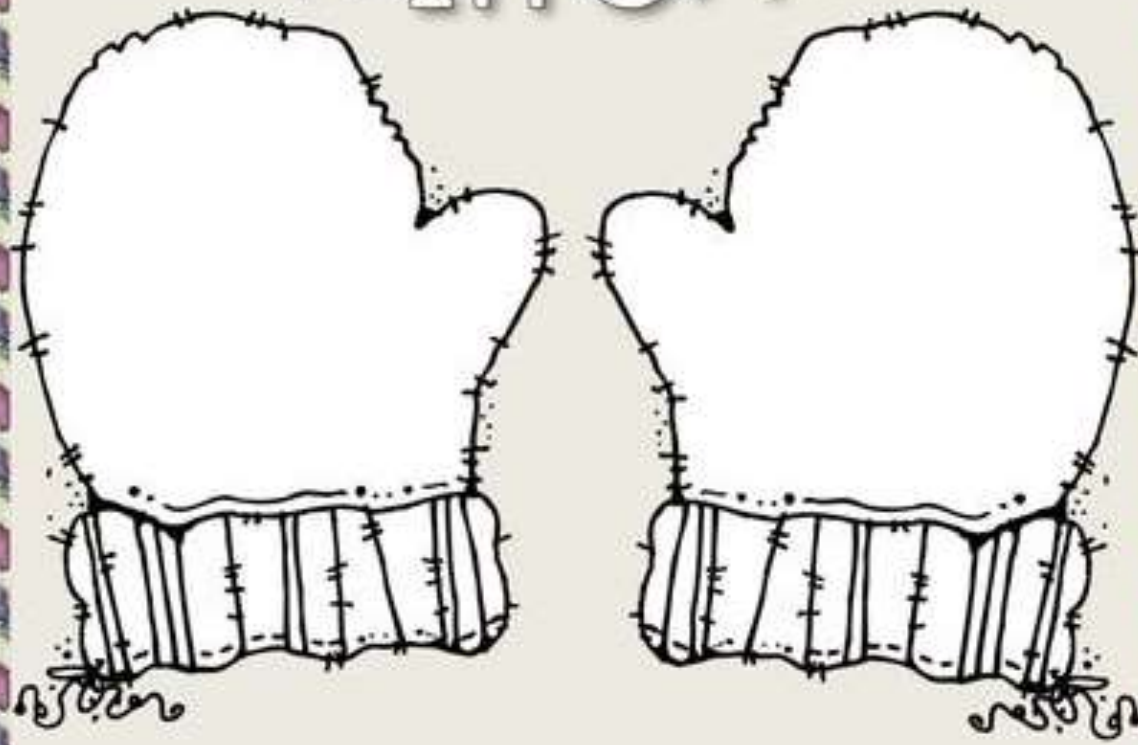


Santa's Little Helpers Laura, Joanne and Ashley at the Christmas Party



ARC Staff Ashley, Jacqueline, Cheryl, Paul, Penny, Laura, Joanne and Faye enjoying the Christmas Party

Mittens



Stripes or dots or sparkling white,
Mittens in winter fit just right.
Wool and cotton, maybe leather-
Mittens warm us in cold weather.
In rainbow colors and darkest black,
Mittens fit in a pocket or in your pack.
Thumbs alone, fingers together,
We love mittens in cold, cold weather!

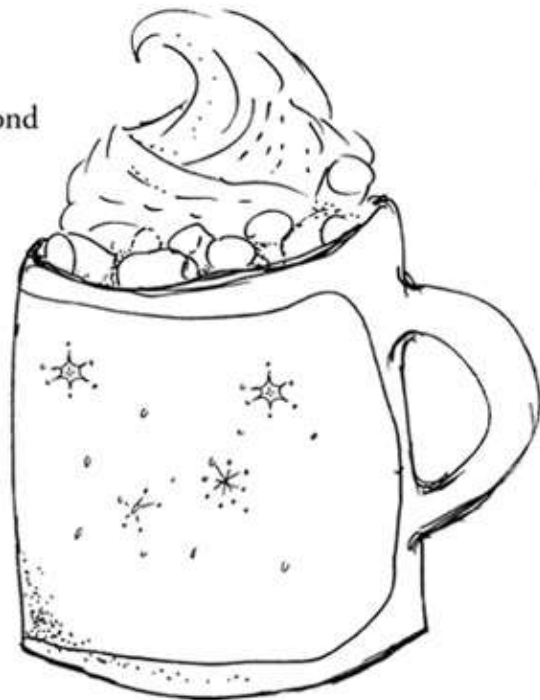
The Perfect Cup of Cocoa

The perfect cup of cocoa
Is rich and chocolatey,
And always warm, but not too hot—
A steaming chocolate sea.

The surface is enclosed beneath
A thick marshmallow mound,
Which melts into a gooey cloud
Without the slightest sound.

A whipped cream swirl extends beyond
The surface of the cup,
And chocolate sprinkles add
The perfect touch to dress it up.

The perfect cup of cocoa
Is like an old best friend—
It's warm; it's sweet; it's such a treat
And yummy till the end.



Excerpt: "Suzie Bitner Was Afraid of the Drain"
By Barbara Vance at SuzieBitner.com



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8 Royal Road, Guelph, ON N1H 1G3
Phone: 519-824-2480 | Fax: 519-821-6174 | Web site: www.clgw.ca | E-mail: admin@clgw.ca

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MISSION STATEMENT

We are dedicated to facilitating opportunities for people with developmental disabilities to realize their potential and dreams in their communities.