

The Communiqué

The Newsletter of Community Living Guelph Wellington December 2011

BUILDING STRONGER COMMUNITIES TOGETHER: COMMUNITY LIVING GUELPH WELLINGTON AND GREAT-WEST LIFE, LONDON LIFE AND CANADA LIFE



Community Living Guelph Wellington appreciates the \$25,000 from Great-West Life, London Life and Canada Life. In recognition, the names of the companies appear on the completed shed and on the Donor Board at ARC. Our thanks again to Great-West Life, London Life and Canada Life!



2012 FASHION SHOW SPONSORED BY SCOTIA BANK

April 4, 2012

Italian Canadian Club, Guelph, ON

Doors open at 5:00 p.m.

Dinner Served at 6:00 p.m. (new menu)

Followed by the Fashion Show

Door Prizes Raffle Prizes Silent Auction

Show hosted by Community Living Guelph Wellington

Contact Doreen at Admin, 519-824-2480 for tickets - Cost is \$45

People supported at CLGW will be participating again this year.
Contact Helen Garton at 518-824-7147, Ext. 253 if you have a son/daughter interested in participating as a model!

MISSION STATEMENT

We are dedicated to facilitating opportunities for people with developmental disabilities to realize their potential and dreams in their communities.

FROM BOB'S DESK

On behalf of Community Living Guelph Wellington, I'd like to wish you all a healthy, happy and safe Holiday season! Reflecting back over the past year is always an interesting experience. Sometimes it's easy to forget all that has occurred, for so many, throughout the association in 2011. The stories in this edition of the Communiqué only scratch the surface of all that went on. Through the efforts of our dedicated employees and volunteers, many people were supported to fulfill their dreams and wishes. The Strategic plan is well underway. The Ad Hoc Committees looking at improving Day Programs and Seniors' Services are meeting regularly, working towards recommendations that will facilitate opportunities for people supported by CLGW to realize their potential and their dreams. The East Wellington Community has embraced CLGW and thrown its support behind the new Capital Campaign. To date, more than \$550,000 has been committed towards the project. Led by an amazing Committee including Marv McDougall, Mary Cunningham, Keith McKinnon, Blaine Schmidt, Gerry Corrigan, Wilf Reick, and George Wilson, the momentum just keeps growing. We fully anticipate construction to be completed by the fall of 2012. Hope to see you at an event or a meeting over the next year. Happy New year!

STRATEGIC PLAN WORKPLAN UPDATE

The Board of Directors approved the Strategic Plan 2011 – 2013 for Community Living Guelph Wellington at the October board meeting. We are currently focusing on:

Area of Effort No. 1:

to undertake a comprehensive, multi-year supports and programs review and development initiative for Community Living Guelph Wellington to ensure that its work aligns with the evolving needs of the people supported and their families, and with the strategic changes occurring within the operating environment, focusing on the following actions:

- 1.1 Develop a supports and programs review and development framework related to Key principles and assessment parameters (lenses) that need to be in place to facilitate and complete the review processes (approved at Board meeting).
- 1.2 Complete the development of a Day Program/ARC Review, including all the relevant sites (Terms of Reference for AdHoc Review Committee have been established, committee continues to meet).
- 1.3 Assess current & future opportunities to provide supports to transitional aged youth ("Pilot" project – 3 fee for service programs have been offered to people not currently receiving services from CLGW)
- 1.4 Identify and assess current, evolving and potential future models for delivery of seniors' services. (Terms of Reference for AdHoc Review Committee have been established, committee continues to meet)



Ryan Mitchell, pictured with Taylor and Jeff, Supportive Employment Program, working on the stone patio at the Kipling Home.

SUMMER RECREATION HIGHLIGHTS -Jordan Fry & Meghan Taylor

In a span of two months, there were a number of activities and events that were offered to the individuals supported by Community Living Guelph Wellington by the Summer Recreation duo in Guelph. Throughout the summer, weekly activities were held at ARC Industries for its participants, some of which were attended by individuals living in group homes across Guelph (notably the Woodlawn home). These activities ranged from do-it-yourself projects (such as making bird feeders, tie-dye shirts, kites, and home-made ice cream and candy apples) to picnics in the park and a number of sports and games both in the gymnasium at ARC and at parks in the community (sporting activities and games included baseball, basketball, soccer, shuffleboard, and ring-toss as well as an Arboretum trail walk). Also hosted at ARC was a weekly Walk-A-Thon, held every Tuesday morning just outside of the ARC building. These events were well attended on the whole by ARC individuals, the majority of which we have come to know quite well over the past two months. Additionally, a number of programs/group homes with people home during the day were visited for a couple hours on a weekly basis (Marden Upper, Holody Home, William St., Woodlawn, ADS program, Metcalfe, Seniors program). Activities at these programs were tailored to suit the needs of the individuals supported by them, and often included a variety of sensory activities (ie. Block puzzles, play-doh, musical instruments, etc.). Every couple of weeks a larger day trip outing was organized. The more extravagant outings included trips to Bingeman's Water Park, Canada's Wonderland, a Toronto Blue Jays game, the African Lion Safari, and Chudleigh's Apple Farm. Other half-day trips were to local places such as Play With Clay, Gopher's Glow-In-The-Dark Mini Put, the Arboretum, and Rockwood Lake. There was also a single overnight backyard campout at the Marden Home on a Friday night. The day consisted of swimming at Rockwood, barbecuing corn and hotdogs, a soccer game in Elora, sparklers and a campfire before staying overnight in tents. A large part of this summer was also dedicated to the production of the Wizard of Oz theatre show. The majority of the people involved were from ARC (our cast was around 20, give or take a few given the day) and practised for a couple hours every Tuesday and Thursday up until the final show date on August 19th. The production also drew in a number of staff and supported individuals outside of ARC to help out with makeup, costumes, props, sound, and as extra hands backstage. Tickets sold for \$5 and the house was full on show night. On the whole, it was a very successful production and the evening was well attended and well received. Overall, it was a fantastic summer filled with many an adventure and plenty of smiles and laughs.

Both Jorgan and Megan are now working for the association.

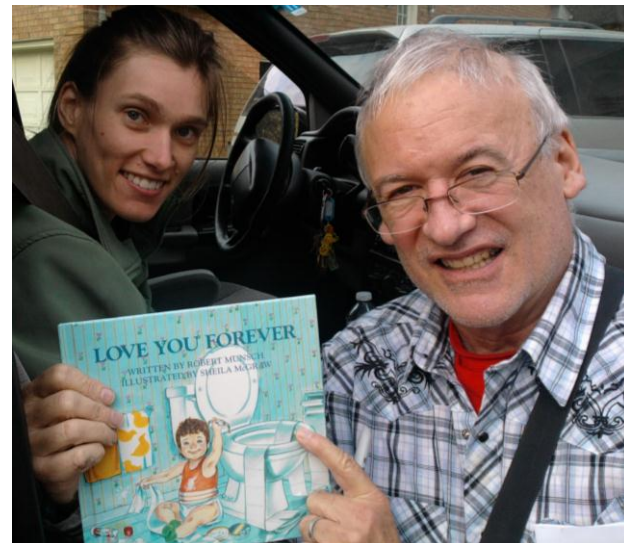
MY SUMMER TRIP -



My name is Craig Gunson and this summer my mom, my aunt and I went to Cape Breton in July 2011 to visit my sister, brother-in-law and my niece and nephew. They live a few miles out of Sydney. We drove up the Cabot Trail while we were there. The scenery was amazing. We saw very big hills, beautiful green trees and the water was a pretty blue. We stopped on our way up, at a restaurant called the "Clucking Hen". The food was so delicious! It was the first time that I had ridden in a plane and I enjoyed it immensely. We arrived very quickly. I hope I can do this again, soon.



SARAH VOLUNTEERS - My name is Sarah Goll. I have recently started a volunteer placement at Mitchell Woods Public School working in the library. I have been really excited about having the opportunity to volunteer in the library. On my second day there, my worker told me she had a surprise for me that day. After my work was finished, I went to visit a very famous author named Robert Munsch. Not only did I get to meet him at his home, he also signed a book called "Love You Forever" and gave it to me! This is a great memory that I will cherish forever.



WANTED



MINTO DAY PROGRAM is working on a project and needs your outside milk bags. (Not the bags that actually hold the milk but the one that holds the 3 bags). We are making plastic crocheted mats, shown in the picture, to send to Africa. These mats are for people to sleep on instead of the dirt floors or the ground. They are washable and the bugs don't like them! Please help us to contribute to this cause by sending us your clean milk bags!! Thanks from the folks at Minto (106 Thomas St., Harriston)!!



IN CELEBRATION OF ARC

Twas the Night Before Christmas -

T'was the night before Christmas and everything was dark, no one was working, not even at ARC! The contracts were put away, the tables were bare, not even the smell of Teresa's baking in the air. The building was empty, the whole ARC crew gone- Michael and Scotty and Tasha and Shawn.

Computers were shut down, the doors locked up tight, Kathy and Susan had gone home for the night. When up on the roof there arose such a clatter, but no one was there to see what was the matter.



Across the steel gables, many sounds could be heard,
Some footsteps, some clanking and a few muffled words.
Towards the back of ARC, by the big dock doors
More noise could be heard as things hit the floor.
An exhaust fan was used as a way to get in, It would
have been easier if Santa was thin! He came thru the door



and dropped his load - Bruce must have given Santa the security code. He walked to the stairs, past the elevator he went, after all, he's really a health conscious gent. In woodworking he went for the things made of wood; he took 15 picnic tables 'cuz Peter and Steve make them good. Then off to subcontracts to pick up some soap, he was disappointed 'cuz there was none on a rope! To Terry's area he went on tip toes, had to be careful 'cuz everyone knows. He looked at the kits, attempted to choose- decided to leave it, there were too many screws. Up to the kitchen for cookies and squares! He decided to skip the elevator and take the stairs. While in the kitchen he dropped off an oven- Jodie will be happy, maybe Santa will get some lovin'. He walked down the hallway, did not leave one scuff, he didn't want to leave marks for Big B to buff. To paper and mailing he smiled and he slid, with a new postage machine that he left on a skid. To the dog pound he went, there he did pause - and tried on the costumes from the Wizard of Oz. Down the back stairs and oh what a sight -they were shiny and gleaming, Gary does them just right. Down to the gym to play basketball, invited the reindeer, Rudolf and all. They split into teams and started to play; they made quite a mess - what is Harvey going to say? With one final gesture, St. Nick left behind new heat sealers and a note that was signed "Wow, you guys really work hard! And, by the way, thanks for the card." He sprang to his sleigh, to his team blew the whistle -It's late in the night and took off like a missile. He was heard to exclaim as he drove out of sight Happy Christmas to all and to all a good night.



- Written December 2011

WINNERS OF THE ARC RAFFLE HELD DEC. 2:

- | | |
|-----------------------------------------------------------------------------------------|-----------------------------|
| 1st Prize: Queen Size Quilt-Handmade by Vi Kramp | Won by: Dhaval Barot |
| 2nd Prize: Muskoka Electric Fireplace-Greenway Home Products | Won by: H. Schuhmacher |
| 3rd Prize: Wooden Blanket Box -Handmade by ARC Woodworking | Won by: Laura Tersigni |
| 4th Prize: Circular Saw - J.L.'s Home Building Centre | Won by: Barb Bourque |
| 5th Prize: 2 Framed Pictures -From QB2000 Inc. (Jim Bezeau) | Won by: Virginia Stradiotto |
| 6th Prize: Tickets to a Guelph Storm Hockey Game (4) - From Guelph Storm Hockey Club | Won by: Ed Pickersgill |
| 7th Prize: Basket and \$25 Gift Certificate - From ARC Food Services | Won by: Judy Duffield |

Thanks to everyone who bought tickets!

BUY A BRICK FOR ARC UPDATE

We are still receiving new bricks for the “Buy a Brick for ARC” Campaign! Thanks to the following individuals who have contributed since the last listing of all donors.

Michael Patteson
Rakesh Sharma

O.P.Sharma
Aldo Stradiotto

Avinash Sharma
Glenyz Forszen

2011 SERVICE AWARDS – ARC INDUSTRIES

Presented Dec. 2, 2011 at the Christmas Dinner Dance

5 years:

Nicholas Faggion
Jordy McPolin
Darlene Miller

10 years:

Judy Hall
Victoria Lawson
Vince Pietropaolo

15 years:

Shawn Klein

20 years:

Sean Quinn
Michael Songa
Jacquie McBride

25 years:

Laurie Nixon
Gary Thompson
Margaret Yaskowich

30 years:

Allan Nuttall
Clarence Rider



40 years: Dianne Curran, pictured with Chris and Cheryl
The dance floor was always full, especially with Elvis singing!

ARC Industries held their annual **Open House** on November 12, 2011. We could not have asked for a more beautiful fall day. Our big Santa decoration graced the front entranceway and waved to all who came in. Visitors could buy raffle tickets and poinsettias in the front foyer. The retail space was packed with painted wooden ornaments and products that were made by ARC Woodworking. The cafeteria beautifully held the baked goods and preserves. The basket raffle was again a huge success with 60 baskets available to be won. Thanks to all for so many awesome basket donations. This year many people we support made and sold their crafts, as well as vendors from the community sold knitted items, stained glass, jewellery, fudge, chocolate, ornaments and plants. Many returning vendors included NVO's, ADS, Sunset club, Erin Day Program, M.A.U.D.E. Squad, Supported Employment (with their Tim Horton's coffee). Visitors could also enjoy back bacon on a bun, a favorite of many! Thank you to the many staff, family members and volunteers who helped to make it such a success. Special thanks to the ARC team for so many hours of preparation; the cleaning, the crafting, the baking, the decorating, the sawing and assembling kept all of us at very busy. And a big thanks to the community for showing your support by attending. Mark your calendars for next year - November 17, 2012. See you there!

ARC Food Services - Catering

If you are having a party, lunch meeting, gathering...

Need some help with the food - Call us - Very reasonable rates

We specialize in: sandwiches, finger foods, baked goods (cookies, squares, loaves, muffins), fruit trays, vegetable trays, boxed lunches
Call Jodie 519-824-7147 ext 266



ARC Woodworking



Custom made:

| | |
|----------------|------------------------------------------|
| Book shelves | Bird Feeders |
| Dryer Racks | Quilt Racks |
| Wine Racks | Jewellery Boxes |
| Blanket Boxes | Games Boards (chess, checkers, cribbage) |
| Picnic Tables | Kid's Picnic Tables |
| Etc. Etc. Etc. | |

Plain, Stained, Painted
Custom orders welcome

Think of us for your Woodworking needs
Call Peter at 519-824-7147 ext 263





Teresa, Chris, Mary Ellen and Jane
Serving breakfast at the Breakfast Club
at ARC.



ANOTHER FIELD OF DREAMS FULFILLED

On August 16, 2011, the Mount Forest Community Living Ball Team headed for the Holstein Ball Park for their annual game. Egremont, Melissa, Jeremy and Watt took part in an evening of laughter and fun. Mrs. Taylor tossed the quarter and the game was on! Ivan played the harmonica, waved the pom-poms, there was a mascot appearing magically in different areas. Everyone had a turn hitting the ball and running the bases! Parents were cheering with pride, their cameras flashing! With the smell of hot dogs and fried onions filling the air, hungry players ate their fill. The teams gathered for the photo and Lisa posed with the mascot. A great ending to a game and wow – what a game!



CAPITAL CAMPAIGN UPDATES

The Erin Shamrocks Junior C Hockey team has become a significant partner in the ARC Industries East fundraising campaign. This includes sending us \$1 for every ticket sold and a percentage of the sponsorship money. So, if you're looking for something to do over the winter, you can always go to a Shamrocks game.

| Erin Shamrock 2011-2012 Schedule www.erinshamrocks.org | | | |
|---------------------------------------------------------------------------------------------------|------------------|------------------|-----------------|
| SEPT 17 SCHOMBERG | OCT 29 ALLISTON | DEC 9 PENETANG | JAN 20 FERGUS |
| SEPT 18 CALEDON | NOV 3 SCHOMBERG | DEC 10 CALEDON | JAN 21 PENETANG |
| SEPT 23 PENETANG | NOV 5 CALEDON | DEC 17 FERGUS | JAN 28 STAYNER |
| SEPT 24 FERGUS | NOV 6 MIDLAND | DEC 23 MIDLAND | JAN 29 FERGUS |
| SEPT 29 SCHOMBERG | NOV 11 FERGUS | DEC 26 SCHOMBERG | |
| OCT 1 CALEDON | NOV 12 PENETANG | DEC 30 FERGUS | |
| OCT 7 ALLISTON | NOV 16 MIDLAND | JAN 6 ALLISTON | |
| OCT 13 STAYNER | NOV 19 STAYNER | JAN 7 FERGUS | |
| OCT 15 MIDLAND | NOV 26 SCHOMBERG | JAN 8 CALEDON | |
| OCT 22 SCHOMBERG | NOV 27 CALEDON | JAN 12 SCHOMBERG | |
| OCT 23 CALEDON | DEC 3 ALLISTON | JAN 14 CALEDON | |
| OCT 28 FERGUS | DEC 6 SCHOMBERG | JAN 15 STAYNER | |

■ HOME (7:30 start)
■ AWAY

Bob

FREECYCLING

-the act of giving away usable unwanted items to others instead of disposing of them in landfills. The Erin Day Program is looking for some materials for fund raising projects (as seen in the photo here – bird houses, bird baths, etc.)

- Old candles or candle wax
- Branches
- Ceramic or glass tiles ,clay pots/saucers (adhesive and grout also needed)
- Plastic take-out containers or the clear plastic containers spinach/lettuce are packed in
- Leftover portland cement or sand
- Craft paint & brushes
- Garden or Birding magazines
- Flower or vegetable seeds
- During the summer – giant sized leaves from the garden (hosta, rhubarb, tropicals)



Please call the Erin Day Program at 519-833-0399 (3 Shamrock Road, Erin) if you can help us.

DONATION FROM STUDENTS AT ERIN DISTRICT HIGH SCHOOL

The students at Erin District High School have donated **\$4,638.65** to the Campaign. Unfortunately, we do not have pictures of the presentation, but want to publicly thank the students on behalf of everyone at Community Living Guelph Wellington.



At the Erin Fall Fair, Scott Bessey, McArthur-Bessey Auctions was on hand to assist with the auction of cakes that had been decorated by various Fall Fair Ambassadors (i.e. Fergus, Erin), T-Shirts and a painting donated by June Switzer. Pictured here with Scott is Jessica McNaughton, Colin McArthur and his mom Elfie, and Jennifer McKenna from the Erin Day program.

The Erin Agricultural Society donated \$1,930 to CLGW . Thank you!

CAPITAL CAMPAIGN, DONORS TO DATE

| | |
|-----------------------------------------|-----------------------------------------------|
| Frances Hoad | Lorna & Ed Stewart |
| John Fitzpatrick | Bob Hilton Motor Sports |
| Mr. & Mrs. Charles Douma | Janice & Donald Rea |
| Kristen Gimbert | Kenneth Graham |
| Trevor & Rona Chapman | Richard & Associates |
| Optimist Club of Erin Inc. | Lamont & Hazel Waddell |
| Butcher Furniture | Marjorie Gillespie & Linda Sketchley |
| Nancy & Marvin McDougall | Mary McNaughton |
| Robert Kowaleski | Dr. Donald Robinson |
| Anjali and Mohan Suvernpatki | Rotary Club of Erin |
| Ministry of Community & Social Services | Owen Perkins |
| Doris Stahlbaum | Erin Agricultural Society |
| Ernie & Anne Jolie | Rivenco Industries |
| Bailey's Ice Cream | John & Abbie McKinnon |
| The Cooperators | TD Bank |
| MedProDirect | Students at Erin District High School |
| Ed Peavoy Septic Services | David Barbour |
| Mac & Cricket Yule | Oberon Capital Corporation |
| Swing Into Summer Golf Tournament | In memoriam – Linda Downey |
| In Memoriam – Helen Cox | Everyone attending kickoff/fundraising events |
| Michael D. Fleming | Drew Fleming |
| Mae Mardling | Don and Reta Raegele |
| In Memoriam – Dorothy Rieck | Darren Clark |

(we apologize if we missed anyone, this list will be published in upcoming Communiqués)

HELP PORTRAIT®

On November 26th, ARC became a photo studio, with all lighting, equipment, computer gear, printers, photo paper, frames, CD., for the Help-Portrait® event. This was offered at no cost to the people supported by Community Living Guelph Wellington. Help-Portrait® is a global movement of photographers (began in December 2009) who donate their time, using their equipment and expertise to give back to the community by providing portrait photography to people that typically aren't able to afford traditional avenues of family portraiture. As well, students from the Cosmetology Program at College Heights were on hand to assist with hair and make-up, and pamper everyone before their photo shoot. Over 140 people supported by CLGW attended this one day session! The Guelph Photographers Guild (GPG) is a group of photographers in the city of Guelph. The club has regular meetings, field trips and other activities with the goal of connecting photographers at all levels while providing a fun and informative venue for furthering their talents and interests.

Thank you to Karen Brodie for organizing this event and the amazing pictures of Jeremy and Darlene , to all the photographers and to the students from College Heights!

SUPPORTED INDEPENDENT LIVING SOUTH - Mary Ellen Otter

There are 56 of us with the Supported Independent Living Program, South. We are all different, we like different things, work at different places but at Christmas Time we are all the same. We like to go out, celebrate and feel the spirit of the Christmas. I would like you to enjoy this picture as much as we enjoyed the Parties and outings. We have pictures from the Action Read Party and pictures from our outing to the River Run Centre, where we visited the festive Christmas trees. We had fun!

-With Mary Ellen in the picture are Dianne, Renata, Scott and Billy.

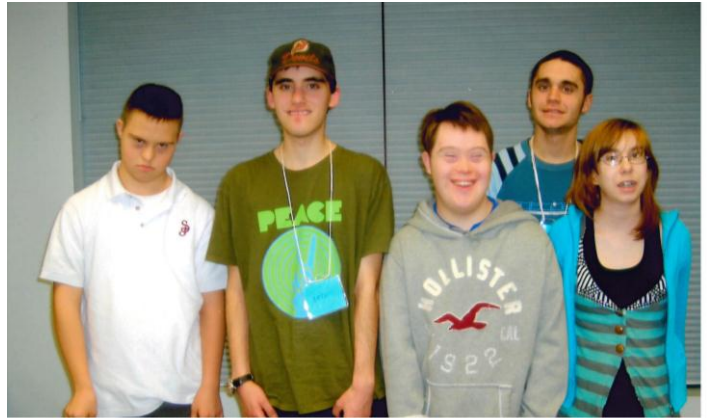


FUTURE PATHWAYS FALL WORKSHOP - 2011

Congratulations to our 5 graduates on completing The Future Pathways Workshop. These young adults completed the 4-part series, planning for their transition from school to the community. Their families and their circle of support also attended to assist them in their goals setting. We wish you all the best in your transition!

Workshop Parent Leaders:

Marjorie Stokman & Jane Heipel
Assistant Linda Fox.



To register for Future Pathways' Next Workshop, or for more information: call 519-824-2431, Ext. 41 or 1-800-307-7078, Ext. 41 or Fax 519-824-3598 (Phone answered by Family Counselling and Support Services.)

SHARING AND CARING...

...Is an invitation to Moms, Dads and adult relatives of the people supported by ARC/ADS/ Torch Light programs to come over for coffee...connect, share stories and experiences,and give each other encouragement and support as we journey together, caring for our sons and daughters.

I'd be delighted for you to join me for the next *Sharing and Caring* gathering! It will be held Sat. Jan. 21st, 2012 from 10 AM until Noon at my home, 1160 Gordon St. Guelph. Feel free to bring a snack to share. (Tea, coffee and cold drinks provided.) Please call or e-mail me to RSVP – this will help me plan for numbers. Also contact me for more detailed directions to our home. Mark your calendars - hope to see you then!

Margaret Jones, (519)821-1137 margaretis@rogers.com



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Web site: www.clgw.ca E-mail: admin@clgw.ca

BOARD OF DIRECTORS 2011-2012

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PEOPLE 4 PEOPLE

| | |
|------------------|---------------|
| Jackie Garveroux | Tom Huxley |
| Dan Jamieson | Brad Lammert |
| Melissa Otter | Brian Platt |
| Jamie Ridgeway | Cheryl Turner |

If you would like to be heard through this newsletter, contact the Admin. Office at 519-824-2480, Ext. "221".